**Program:**

10:15-10:30 Refreshing Morning Aerobics with Aranka
10:30-11:00 Yoga
11:00-11:30 Reggeaness – Dance to be in shape
11:30-12:15 Fele Királyság Band- concert for kids
12:15-12:40 First Aid Demonstration
12:40-13:30 Beer ping-pong competition
12:45-13:00 Kids running registration
13:00-13:45 Kids running competition
14:00-15:00 Exhibition Football Match: Staff / Faculty / Alumni vs. Students
14:25-14:35 Samba Show
15:30 Award ceremony

**Sport competitions:**

9:00-13:30 Football (small pitch)
9:00-13:30 Volleyball
9:30-10:30 Running
    100 m, 400 m, 3000 m
10:00-13:30 Streetball
10:00-13:30 Chess
10:00-13:30 Golden Life Club Iron Man Competition
12:00-12:30 Women football (small pitch)

**Catering:**

**Lunch:** 11:30-14:30

**Snacks, refreshments:** Buffet, Eisberg saladbar, Clear Water

**Continuous activities all day:**

- Archery, Mobile climbing wall, Rodeo Surf, Table football, Air hockey table, Beer ping-pong, High-striker, Soccer Shootout, Fishing simulator, All You Can Move, Adventure Park, Golden Life Club, Palace of Wonders Tent
- Health Zone: Generali Screening Bus- melanoma check, eye examination, blood sugar test, cholesterol test, blood pressure, body-fat-rate-test, consultation; Neck/Back massage; CEU medical center tent: blood pressure, blood sugar test, body-fat-rate-test, color blindness test, consultation on healthy diet

**Kids’ activities all day:**

- Bouncy castle, Face painting, Henna painting, Upcycled crafting, Folk Art Handicraft
- Baby park, Eco playground