

GIVING BLOOD SAVES LIVES!

You are invited to take part in the annual blood donation drive organized by
the **Hungarian Red Cross**, at CEU:

Date and Time: Monday, February 6, 2017, from 10:00 a.m. to 3:00 p.m.

Place: October Hall (Október 6. Street 7., ground floor, across from the main entrance)



How to donate blood – in a few easy steps!

The Red Cross Blood Donation process takes approximately 35-40 minutes.

- **Registration** – you will be asked to present **one from each** of the following three categories:
 - a) Official picture ID or driver's license or passport
 - b) Residence card or residence permit (Lakcímka for Hungarians)
 - c) TAJ card/number or EU health insurance card (blue) or your national social security card;
(For a) and b) original documents are required!)
- Upon registration, you will be provided with **mineral water and a chocolate wafer**.^{*}
In order to avoid dizziness, please, consume them before your blood is taken.
- Following this you will be asked to **respond to a brief questionnaire** about your general state of health.
All information collected is confidential and stored at the Hungarian National Blood Transfusion Service database.
- Next, you will be given a **simple blood test** to determine whether you are eligible to be a blood donor.
- If you are able to donate blood, a **doctor will also ask you a few questions and take your blood pressure**.
- Finally, in order to give blood, you will be asked to **lie down on a comfortable bed while your blood is drawn into a sterile bag**. This process takes about 5-8 minutes, and you may (recommended) remain lying down for an additional 5 minutes.

Note:

Since eating something is also recommended after donating blood, you will receive a 500 HUF meal ticket.**

^{*} / ^{**} All refreshments, food items, and the food voucher are provided by the Hungarian Red Cross.